



March 16, 2025

I Am

“The Bread of Life”

John 6:25-516 (verses 35-40 below)

Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. But I said to you that you have seen me and yet do not believe. All that the Father gives me will come to me, and whoever comes to me I will never cast out. For I have come down from heaven, not to do my own will but the will of him who sent me. And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day.”

Sermon Summary:

The "I Am" statements are a series of declarations made by Jesus in the Gospel of John which underscore His divine identity and mission. Each of these statements serves not only as a reflection of His nature but also as a way of revealing how He fulfills the spiritual needs of humanity. Jesus wasn't just exercising positive self-talk when He made these bold statements. He was letting the first-century Jews, familiar with God's definition of Himself, know that He truly was God incarnate, the Messiah they were waiting for.

It's important to consider that He knew who He was, and He wanted us to clearly know, too. He can't be minimized to merely our "ticket to heaven" but must be seen as our daily sustenance, our direction, our protector, our sacrificial Savior, our victory over death, our access to the Father and eternal life.

Ice Breaker Questions:

1. If you were in a beauty pageant and the judges asked, “What do you want more than anything else?” What would your answer be?
2. What is the first word that comes to mind when you think of Jesus (Ex. Warrior, Shepherd, King, Friend, Teacher, etc.)?
3. Have you ever been mistaken about someone's intentions only to realize later what they actually meant?

Scripture Study Questions:

1. According to Jesus, what is the work that God requires?
2. According to Jesus who gives the true bread from heaven?
3. What is the Father's will for those who look to and believe in the Son?
4. What part of himself does Jesus identify as the bread he is offering? (Hint 6:51).



Application Questions:

1. This conversation happens because the Jewish crowd has misidentified the purpose of Jesus in the world. He is offering eternal life, but they are hungry for political victory. What things are you hungry for, which might impede your understanding of Jesus' purpose?
2. In how he phrases the statement, "I am." Jesus clearly evokes God's name in Exodus 3, making the claim that he himself is God. How do you react to Jesus' claim to divinity is it exciting, frightening, or puzzling?
3. Jesus claims that all that is required to receive the bread of life is to believe in him. In many ways, that seems like an easy request. Why might you or someone you know have trouble acting on that directive?